

# Junior Lifeguards

## • Application Form •

The City of Mountain View welcomes an enhanced aquatic teen summer volunteer program: Junior Lifeguards. The Junior Lifeguards program is a fun, dynamic, and skill building program that combines advanced training with a service opportunity. Following a one week professional development training, Junior Lifeguards will assist Aquatics staff in swim lessons by making the pool a safe, fun, and friendly atmosphere. Lessons occur mornings and afternoons Monday through Thursday with the option to “live train” with lifeguards on Friday’s. Junior Lifeguards will also have the opportunity to shadow lifeguards and become certified in CPR and First Aid upon successful completion of volunteer and curriculum hours. The Junior Lifeguard program will take place at either Eagle Pool (650 Franklin Street) or Rengstorff Pool (201 South Rengstorff Avenue). Junior Lifeguards is free of cost to participants.

Teen Applicants must meet the following criteria:

- Able to attend the mandatory In-Service from June 4<sup>th</sup>-8<sup>th</sup>, 2018
- 12-17 years old
- Able to commit to volunteer an average 35 hours during summer (minimum of one full session)
- Must complete 1 full session of swim lessons and training to be eligible for CPR/First Aid Certification
- Interest in working with youth & have a love for the water!
- Complete all forms (application, questionnaire, and 2 non-familial recommendations) and turn them in by Monday, April 2, 2018 at 5:00 p.m. Turn-in locations listed below.

For more information, please call Tiffanie Lai, Senior Recreation Coordinator, at (650) 903-6405 or email at [aquatics@mountainview.gov](mailto:aquatics@mountainview.gov).

### ***Please take time to complete the application fully.***

Have a trusted person check and double check your application for both spelling and grammar mistakes.

**Remember** >> Good applications take time to complete. Expect to work on an application for an hour or more to ensure the best quality. Please complete the application in pen.

### ***Return Application and TWO Recommendations (non-familial) to:***

Mountain View Senior Center—266 Escuela Avenue, Mountain View, CA 94040 (Monday-Friday 8:30 a.m.-5:00 p.m.)

**or** email a scanned copy to: [aquatics@mountainview.gov](mailto:aquatics@mountainview.gov)

***Complete application packets are due by Monday, April 2, 2018 by 5:00 p.m. No exceptions will be made.***

### **APPLICANT INFORMATION**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle: \_\_\_\_\_

School Name: \_\_\_\_\_ Current Grade: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Allergies/Medical Concerns \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Your Cell: \_\_\_\_\_ Parent's Phone: \_\_\_\_\_ Parent's Phone: \_\_\_\_\_

Email (required): \_\_\_\_\_

*Email is our preferred method of contacting you. If you do not have an email address, please create one.*

# Junior Lifeguards

## Questionnaire

Why are you interested in becoming a Jr. Lifeguard? What do you hope to accomplish through this program?

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Please tell us about your present or previous volunteer experiences. What did you learn about yourself from those experiences?

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What skills can you bring to Junior Lifeguards from the activities, hobbies, or volunteering that you like to do? How do they influence who you are?

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# Junior Lifeguards

## Questionnaire cont'd

Who is your role model and why? What characteristics do a good leader/mentor possess?

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I am available the following summer sessions (check all that applies)

Rengstorff AM (8:30am-3:30pm)

Rengstorff PM (12:30pm-3:30pm / 5:30pm-7:30pm)

Eagle AM (8:30am-3:30pm)

Eagle PM (10:30pm-6:30pm)

Session 1: 6/11-6/22

☐ Rengstorff AM

☐ Rengstorff PM

☐ Eagle AM

☐ Eagle PM

Session 2: 6/25-7/6

☐ Rengstorff AM

☐ Rengstorff PM

☐ Eagle AM

☐ Eagle PM

Session 3: 7/9-7/20

☐ Rengstorff AM

☐ Rengstorff PM

☐ Eagle AM

☐ Eagle PM

Session 4: 7/23-8/3

☐ Rengstorff AM

☐ Rengstorff PM

☐ Eagle AM

☐ Eagle PM

Session 5: 8/6-8/17

☐ Eagle PM

☐ Rengstorff PM

I am available for a 15 minute interview during the following times. (check all that applies!) Note: Interview times will be confirmed by email and/or voice mail to candidate's contact information.

Monday, 4/23

☐ 3:30pm-4:00pm

☐ 4:00pm-4:30pm

☐ 4:30pm-5:00pm

Tuesday, 4/24

☐ 3:30pm-4:00pm

☐ 4:00pm-4:30pm

☐ 4:30pm-5:00pm

Wednesday, 4/25

☐ 3:30pm-4:00pm

☐ 4:00pm-4:30pm

☐ 4:30pm-5:00pm

Thursday, 4/26

☐ 3:30pm-4:00pm

☐ 4:00pm-4:30pm

☐ 4:30pm-5:00pm

Friday, 4/27

☐ 3:30pm-4:00pm

☐ 4:00pm-4:30pm

☐ 4:30pm-5:00pm

# Junior Lifeguards

I understand that if accepted into Junior Lifeguards...

- ☐ I will be between the ages of 12-17 over summer 2018.
- ☐ I am committing to a weeklong professional development training during the week of June 4-8, 2018.
- ☐ I am committing to at least two full weeks of service (35 hours) over summer. *Opportunities to volunteer for more than 1 session is available! Attendance to skills trainings is required for optional CPR/First Aid Certification.*
- ☐ I understand that the opportunities available to me as a volunteer include assisting swim instructors with American Red Cross Swim To Learn lessons, assist with lesson paperwork, getting an inside look at lifeguard training and skill development.
- ☐ I am committed to supporting the Recreation Division's mission of "Create Community through People, Parks, and Programs".

I hereby certify that all statements made in this application are true and I authorize investigation of all matters contained in the application. I acknowledge any false statements or misrepresentation on this application will be cause for refusal or placement or immediate dismissal at any time during the period of my placement. I understand that it is the policy of the City of Mountain View to preserve the right of equal opportunity for all persons, including those with physical, mental or sensory disabilities.

Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

In consideration of participation in a class or activity offered by the Recreation Division of the City of Mountain View, I, the below signed, agree to indemnify and hold the City of Mountain View harmless and hereby waive, release and discharge any and all claims for loss or damage, for death, personal injury, bodily injury or property damage which I may have or which hereinafter may accrue to me against the City of Mountain View, its City Council, employees, agents, and volunteers for any liability arising out of or connected in any way with my participation in this class or activity, even though that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above. I understand that accidents and injuries can arise from participation in this class or activity; knowing the risks, nevertheless, I hereby agree to assume those risks on behalf of myself, my heirs and assigns and to release and to hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. Further, I understand that the City of Mountain View, its City Council, employees, agents and volunteers, are not responsible for the personal property of the participants in the class or activity. It is further understood and agreed that this waiver, release and assumption of risks has been freely entered into and is to be binding on me and on my heirs and assigns. I have read and agree to the registration and program policies. **In addition, I give permission to the City of Mountain View to use my and/or my child's photograph or likeness, or that of a pet or personal property, for promotional use in any City related media .**

By my signature below, I acknowledge that I have read this document and understand its contents.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Junior Lifeguards

## Recommendation Form

Teen Applicants Name: \_\_\_\_\_

School: \_\_\_\_\_ Current Grade: \_\_\_\_\_

Your Name: \_\_\_\_\_

Your email or phone number: \_\_\_\_\_

Relationship to the Applicant: \_\_\_\_\_ How long have you known the applicant: \_\_\_\_\_

Please rate the teen in the following areas by circling the appropriate number. Below Average		Average		Above Average	
Public Speaking	1	2	3	4	5
Responsibility	1	2	3	4	5
Motivation	1	2	3	4	5
Leadership Capabilities	1	2	3	4	5
Willingness to Learn	1	2	3	4	5
Team Work	1	2	3	4	5
Attitude	1	2	3	4	5
Maturity	1	2	3	4	5
Ability to Follow Directions	1	2	3	4	5
Accepts Criticism	1	2	3	4	5

Additional comments:

I (do/do not) recommend \_\_\_\_\_ for the City of Mountain View teen volunteer program , Junior Lifeguards.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please send recommendation form to Tiffanie Lai, Senior Recreation Coordinator  
via email to [aquatics@mountainview.gov](mailto:aquatics@mountainview.gov) or mail to 266 Escuela Avenue, Mountain View, CA 94040.

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